

PORTHCAWL TRIATHLON START LIST 2021

Race Num	First Name	Surname	Band Col	WT mem no	Gender	Category	Club/ Name
1	Liam	Lloyd	Red	W126828	Male	Open	TRI POTENTIAL
2	Sharon	Simpson	Red		Female	Open	Tri Training Harder
3	Hannah	Jenkins	Red	W1060301	Female	Open	
4	Alex	John	Red	W128578	Male	Open	Dragon Tri
5	ben	smith	Red	W10171133	Male	Open	ATG Tri
6	Guto	Morgan	Red		Male	Open	Top Step Triathlon
7	Jack	Smith	Red	W10142533	Male	Open	Monmouth Tri Club
8	James	Harries	Red	W10186173	Male	Open	Tinworks
9	Matt	Grantham	Red	W1057882	Male	Open	Tri Monkey
10	Rhys	Jones	Red	W123864	Male	Open	JinxSport
11	Ricky	Howell	Red		Male	Open	
12	Christophe	Jones	Red	W10117581	Male	40+	Bynea CC
13	Keith	Tannetta	Red	W1062379	Male	50+	Cardiff Triathletes
14	Andrew	Deans	Red	W1045575	Male	Open	Cardiff Triathletes
15	George	Comins	Red	W10105893	Male	Open	Royal Navy Triathlon
16	Iwan	Jones	Red	W10110723	Male	Open	Total tri training
17	Kyle	Blackmore	Red	W10172553	Male	Open	Dragon Tri
18	Matthew	Davies	Red	W1031771	Male	40+	Dragon Tri
19	Oliver	Webb	Red		Male	Open	Cardiff Triathletes
20	Rhys	Williams	Red	W10177268	Male	Open	Porthcawl Triathlon Club
21	Aaron	Nicholas	Red		Male	Open	Bridgend Athletic Club
22	Tom	Graham	Red	W10108758	Male	Open	Dragon Tri
23	Tom	Rhoden	Red	W10160885	Male	Open	Porthcawl Triathlon Club
24	Alan	Latter	Red	W1069925	Male	40+	Team watt nutrition
25	andrew	hodgson	Red		Male	40+	
26	Chris	Brown	Red	W10165450	Male	Open	
27	Gareth	Norton	Red	W1063760	Male	50+	Cardiff Triathletes
28	John	Price	Red	W10106701	Male	40+	Dragon Tri
29	Matt	Downton	Red		Male	40+	SWYD
30	Paige	Horsnell	Red	W10102870	Female	Open	Rhondda Tri
31	Tim	Burnett	Red	W127958	Male	50+	Wrecsam Tri
32	Tom	Danter	Red		Male	Open	Dragon Tri
33	Jonathon	Seymour	Red	W10105302	Male	Open	GOG Triathlon Club
34	Michael	Battersby	Red	W129473	Male	60+	Cardiff Triathletes
35	Richard	Brady	Red	W1309	Male	40+	
36	Richard	Dando	Red	W125638	Male	40+	Dragon Tri
37	Tom	Oliver	Red		Male	Open	Dragon Tri
38	Adam	Mathlin	Red	W10191391	Male	Open	None
39	Aled	Jenkins	Red		Male	Open	RAS Endurance
40	Calvin	Thomas	Red	W10131200	Male	Open	ATG Merthyr
41	Carson	Pryce	Red	W1072265	Male	Open	DC Triathlon
42	Carwyn	Lawrence	Red		Male	Open	Team Watt
43	Chloe	Dooley	Red	W10192980	Female	Open	Cardiff AC
44	Clive	Tilbury	Red	W10172527	Male	40+	Individual
45	Daniel	Madden	Red	E1073073	Male	Open	BAD Tri
46	Daniel	oconnor	Red	W10166720	Male	Open	RAS Endurance
47	Gail	Osborne	Red		Female	40+	Taff Ely Triathlon Club
48	Geraint	Lewis	Red	W10192994	Male	Open	Trizone
49	Gillian	Hopkins	Red	W1049318	Female	40+	Cardiff Triathletes
50	Jason	Hanson	Red	W1079163	Male	Open	Monmouth Tri Club
51	Jonathan	Phillips	Aqua	W1069903	Male	40+	Dragon Tri
52	Jordan	figoni	Aqua	W10193052	Male	Open	ATAC
53	Keenan	Jones	Aqua	W101109319	Male	Open	ATG Merthyr
54	Kelly	Edwards	Aqua	W10103554	Female	40+	Rhondda triathlon club
55	Laura	Wakeham	Aqua	E1058650	Female	Open	Torbay Tri
56	Luke	Trolley	Aqua	W10169190	Male	Open	Caerphilly Tri

57	Marcus	Sainsbury	Aqua		Male	40+	Porthcawl Triathlon Club
58	Paul	Fraser	Aqua		Male	40+	RAC Tri
59	Rhiannon	Buckley	Aqua		Female	Open	Porthcawl Triathlon Club
60	Rhys	Perkins	Aqua		Male	Open	Porthcawl Triathlon Club
61	Richard	Ingram	Aqua		Male	Open	ATG Merthyr
62	Robert	Floyd	Aqua	W1092276	Male	Open	SWYD tri
63	Robert	Jones	Aqua		Male	Open	
64	Ryan	Evans	Aqua		Male	40+	Rhondda Triathlon Club
65	Ryan	Bowen	Aqua	W1064292	Male	Open	Dragon Tri
66	Stephen	Rowlands	Aqua		Male	40+	
67	Tristian	Manning	Aqua	W1084654	Male	Open	ATAC
68	Sean	Petty	Aqua	W10193281	Male	Junior	Dragon Tri
69	Brian	Hosty	Aqua	W1054570	Male	40+	
70	Caryl	Williams	Aqua	W1092700	Female	40+	Bynea
71	Darren	Jarman	Aqua	W1037247	Male	40+	SY TRI
72	Liz	Davis	Aqua		Female	40+	Dragon Tri
73	Lucy	Sullivan	Aqua	W1063757	Female	Open	Cardiff Triathletes
74	Marc	Fitzgibbon	Aqua	W1086235	Male	Open	Pen y Bont Tri
75	Richard	Leary	Aqua	W1075400	Male	40+	Celtic Tri
76	Ricki	Morgan	Aqua	W1042543	Male	Open	Tenby Aces
77	Sam	Dodge	Aqua		Male	Open	Dragon Tri
78	Scott	Askew	Aqua		Male	40+	
79	SIMON	osborne	Aqua	W128172	Male	60+	Dragon Tri
80	Carwyn	Jones	Aqua		Male	Open	
81	David	Tanner	Aqua		Male	Open	Rhondda tri
82	Dean	Scourfield	Aqua		Male	Open	DC Triathlon
83	Franklin	lewis	Aqua	W10104664	Male	Open	
84	Luke	Hollyman	Aqua	W10192406	Male	Open	
85	Rebecca	John	Aqua	W10177003	Female	Open	Porthcawl Triathlon Club
86	Rhiannon	Thomas	Aqua	W10166986	Female	Open	Dragon Tri
87	Rhys	Ward	Aqua	W10184230		Open	Porthcawl Tridents
88	David	Bees	Aqua		Male	Open	
89	Deb	Jenkins	Aqua		Male	40+	Porthcawl Triathlon Club
90	Edward	Morgan	Aqua	W120728	Male	60+	Taff Ely Triathlon Club
91	Ffion	Caines	Aqua		Female	Open	DC TRIATHLON
92	Gareth	Bowyer	Aqua	W1072764	Male	50+	GOG
93	Gavin	John	Aqua		Male	40+	
94	Lee	Griffiths	Aqua	W10114057	Male	40+	Dragon Tri
95	Marc	Barrow	Aqua	W10107693	Male	40+	Swansea Vale Tri
96	Mark	Marrin	Aqua		Male	Open	
97	Matthew	Jenkins	Aqua		Male	40+	Rhondda Triathlon Club
98	Paul	Chappell	Aqua	W10131953	Male	40+	Dragon Tri
99	Philip	Thomas	Aqua		Male	Open	Rhondda Triathlon Club
100	Richard	Landon	Aqua	W10143085	Male	Open	CSCG
101	Ryan	Thomas	Green		Male	40+	DC Triathlon
102	Scott	Gray	Green	W1084380		Open	Dragon Tri
103	Bill	Snowdon	Green	W 1047419	Male	60+	Cardiff Triathletes
104	Gafin	Griffiths	Green		Male	Open	Les Croupiers Running Club
105	Lee	Jefferson	Green		Male	40+	ATG TRI CLUB
106	Nicholas	Parry	Green		Male	Open	ATG Tri Club
107	Phylip	Williams	Green		Male	Open	RHFC
108	Andrew	Rogers	Green		Male	40+	None
109	Andrew	Dixon	Green		Male	Open	
110	Anthony	Owen	Green		Male	Open	Team NFT
111	Ben	Wheeler	Green	W1094788	Male	Open	Porthcawl Triathlon Club
112	brian	kilsby	Green		Male	40+	emlyn
113	Chelsea	Figoni	Green		Female	Open	JF Tri
114	Christian	Aldridge	Green		Male	Open	Pen Y Bont Tri

115	Craig	Millett	Green		Male	40+	Tinworks triathlon
116	Daniel	Morgan	Green		Male	40+	Dragon Tri
117	Danielle	Davies	Green		Female	Open	
118	Daymion	Jenkins	Green		Male	50+	
119	Ethan	Dunning	Green		Male	Open	Rhondda triathlon club
120	Gary	Phillips	Green		Male	50+	
121	Gwyn	Williams	Green		Male	Open	ATG
122	Ian	Gill	Green		Male	Open	Porthcawl Triathlon Club
123	Jack	Lawthom	Green	W10152853	Male	Open	Rhondda Tri Club
124	Jack	Hughes	Green		Male	Open	
125	James	McGrath	Green	W10182981	Male	Open	Porthcawl tridents
126	James	Bater	Green		Male	40+	RAC Tri
127	Jamie	Cooper	Green	W10169917	Male	Open	Clwb Seiclo Cwm Gwendraeth
128	John	Cregg	Green		Male	50+	NEWT
129	Jon	Launchbur	Green		Male	40+	ATG Merthyr
130	Jordan	Lane	Green	W1096025	Male	Open	Port Talbot Harriers
131	Jordan	Clarke	Green	W10192972	Male	Open	DC Triathlon
132	Joshua	Jones	Green		Male	Open	Griffithstown Tri Club
133	Leon	Burns	Green		Male	40+	Burns tri club
134	Leon	Williams	Green		Male	Open	Rhondda tri
135	Liam	Demery	Green		Male	Open	Porthcawl Triathlon Club
136	Liam	Davies	Green		Male	Open	Rhondda triathlon club
137	Lucy	Evans	Green		Female	Open	Porthcawl Tridents
138	Luke	Chambers	Green		Male	Open	ATG tri club
139	Luke	Dummett	Green		Male	Open	ATG
140	mark	steadman	Green	W1065586	Male	40+	cardiff triathletes
141	Mark	Gabb	Green	W1076235	Male	40+	Celtic Tri
142	Mathew	Atkins	Green	W1042103	Male	50+	N/a
143	Matt	Simkins	Green	W10108315	Male	40+	Tri Team Glos
144	Matt	Clements	Green		Male	Open	
145	Matthew	Williams	Green		Male	Open	Piranhas tri club
146	Megan	Parker	Green		Female	Open	JF Tri
147	Melanie	Williams	Green		Female	40+	Porthcawl Triathlon Clun
148	Navid	Childs	Green		Male	Open	Dont have a club yet
149	Nick	Williams	Green		Male	Open	DC TRIATHLON
150	Owen	Jones	Green		Male	Open	DCTRIATHLON
151	Peter	Ghroum	Pink	W10141945	Male	40+	Porthcawl Triathlon Club
152	Raeanna	Grainger	Pink		Female	Open	Pen Y Bont Tri Club
153	Rebecca	Comins	Pink	W1060402	Female	50+	Dragon Tri
154	Richard	Addis	Pink		Male	Open	
155	Sara	Morgan	Pink	W10101408	Female	40+	TAFF ELY TRI
156	Simon	O'Neill	Pink	W10142333	Male	40+	Y-Fenni
157	Simon	Mills	Pink	W10142329	Male	Open	
158	Simon	Lightwood	Pink		Male	40+	PYBTC & Porthcawl Tridents
159	Stephen	Horn	Pink		Male	Open	
160	Stuart	Davies	Pink	W10169206	Male	40+	ATAC
161	Tim	Lebbon	Pink	W1049584	Male	50+	NEWT
162	Tom	Belotti	Pink		Male	Open	DC Triathlon
163	Tom	Dunning	Pink		Male	Open	Rhondda triathlon club
164	Vicky	Hinstridge	Pink	W1066601	Female	50+	Denbighshire Tri Club
165	Jake	Batty	Pink		Male	Open	n/a
166	Lewis	Cameron	Pink		Male	Open	n/a
167	Paul	Belcher	Pink	W2563	Male	60+	Pen-y-Bont Tri
168	Clare	Hughes	Pink	W10177630	Female	40+	Penybont triathlon team
169	Jonathan	Cosson	Pink	W10170618	Male	40+	Porthcawl Triathlon Club
170	Luke	Rees	Pink		Male	Open	Rhondda tri
171	Oliver	Edwards	Pink		Male	Open	Dragon Tri
172	Richard	Jenkins	Pink		Male	50+	U-FIT CARDIFF

173	Robert	Spain	Pink	E1095720	Male	50+	
174	Alan	Porter	Pink	W10107041	Male	50+	Taff Ely Triathlon Club
175	James	Farrant	Pink	W10107912	Male	40+	Dragon Tri
176	Gareth	Medd	Pink	W10193046	Male	Open	Taff Ely Triathlon
177	lindsay	jones	Pink		Female	40+	Merthyr Triathlon Club
178	Adam	Clarke	Pink		Male	40+	Pth harriers
179	Alex	Lloyd	Pink		Male	Open	
180	Alice	Hutson	Pink		Female	Open	
181	Andrew	Davies	Pink		Male	Open	Porthcawl Triathlon Club
182	Andrew	Powell	Pink		Male	Open	Porthcawl Tridents
183	Andy	Bostock	Pink	W10137383	Male	50+	Dragon Tri
184	Andy	Barry	Pink		Male	50+	Newport East Wales Triathlon
185	Ben	Griffiths	Pink		Male	Open	Pybtc
186	Brigette	Widdas	Pink		Female	50+	NEWTS
187	Chris	Morris	Pink	W10172526	Male	50+	North Dock Derdgers
188	Christie	Coleman	Pink	W1095874	Male	50+	Penybont tri
189	Christophe	Dunn	Pink	W10185180	Male	40+	Penybont triathlon club
190	Christophe	Harding	Pink		Male	40+	Tondu Wheelers
191	Colin	Tucker	Pink		Male	40+	Rhondda tri
192	Dan	Fox	Pink		Male	Open	
193	Dan	Bevan	Pink		Male	40+	Tondu Wheelers
194	Daniel	Harris	Pink	W10186152	Male	Open	Porthcawl Triathlon Club
195	Gareth	Freeman	Pink		Male	Open	n/a
196	Hywel	Dafydd	Pink		Male	Open	Porthcawl Triathlon Club
197	Hywel	Diplock	Pink	W10193203	Male	Open	ATG Merthyr
198	Jennifer	Aylward	Pink	W1058187	Female	50+	Celtic Tri
199	Jess	Gregory	Pink		Female	Open	
200	Justin	Howells	Pink		Male	40+	ATG Merthyr
201	Justin	Bailey	Lime Green	W10154920	Male	40+	Team Watt
202	Laura	Butcher	Lime Green	W10185198	Female	Open	Penybont Triathlon Club
203	Laura	Furness	Lime Green		Female	Open	Tenby Aces
204	Mark	Evans	Lime Green		Male	40+	Tinworks Tri
205	Matthew	Duggan	Lime Green		Male	Open	All The Gear
206	Neil	Bowdler	Lime Green		Male	40+	N/a
207	Paul	Jacob	Lime Green		Male	50+	Admiral
208	Peter	Rattenberr	Lime Green		Male	40+	Tribe of one
209	Phil	Protheroe	Lime Green	W10107823	Male	40+	Porthcawl Triathlon Club
210	Richard	Lewis	Lime Green	W128810	Male	40+	NEWT
211	Samuel	Jenkins	Lime Green	W10176690	Male	Open	Carmarthen Tri Club
212	Simon	Philpin	Lime Green		Male	40+	
213	Stephen	Davies	Lime Green		Male	50+	Rhondda Tri
214	Strve	Ttofa	Lime Green		Male	Open	N/a
215	Victoria	Gee	Lime Green		Female	Open	
216	yvonne	brindley	Lime Green		Female	50+	NEWT
217	Daniel	Rees	Lime Green		Male	40+	Rhondda Triathlon
218	Michael	Argent	Lime Green		Male	Open	.
219	Chris	Lewis	Lime Green	W10161048	Male	40+	Griffithstown Tri club
220	Joy	Williams	Lime Green	W1093788	Female	40+	Celtic Tri
221	Owain	Groves	Lime Green	W10176942	Male	Open	
222	Andrew	Williams	Lime Green		Male	50+	
223	David	walters	Lime Green	W10176803	Male	50+	carmarthen triathlon club
224	Jamie	Davies	Lime Green		Male	Open	ATG
225	Marc	De Marigny	Lime Green	E10178630	Male	Open	Carmarthen Triathlon Club
226	menna	jones	Lime Green		Female	40+	Top step tri
227	Owain	Woodward	Lime Green		Male	Open	ATG Tri Merthyr
228	Andrew	Gunter	Lime Green		Male	Open	ATG Merthyr
229	Ben	Phillips	Lime Green		Male	Open	
230	Evan	Thomas	Lime Green	W10166987	Male	Open	Dragon Tri

231	Hywel	Davies	Lime Green		Male	Open	Porthcawl Triathlon Club
232	Ian	Keen	Lime Green	W10177001	Male	Open	Pen y bont Tri
233	Jamie	Oleary	Lime Green		Male	Open	Atg Merthyr
234	Joshua	Burns	Lime Green		Male	Open	
235	Julian	Hopkins	Lime Green	W1079185	Male	50+	Dragon Tri
236	Kevin	Frood	Lime Green	E10187507	Male	50+	
237	Kieran	Gingell	Lime Green		Male	Open	N/A
238	Louise	James	Lime Green		Female	40+	Top step triathlon
239	Martin	Walters	Lime Green		Male	40+	Rhondda Triathlon Club
240	Neil	Jones	Lime Green		Male	40+	N/A
241	Nicky Jo	Evans	Lime Green		Female	Open	
242	Peter	Page	Lime Green	E10169648	Male	Open	Torfaen Triathlon Club
243	Rebecca	Evans	Lime Green		Female	Open	
244	Simon	Davies	Lime Green	W10184929	Male	50+	Pen y bont triathlon club
245	Stuart	Mort	Lime Green		Male	40+	Port Talbot harriers
246	Stuart	Elson	Lime Green		Male	60+	South Wales Police
247	Wayne	Chinnock	Lime Green	W10142749	Male	Open	Pen-y-bont triathlon club
248	Sian	Hayward	Lime Green		Female	60+	
249	barry	gregory	Lime Green		Male	Open	Port Talbot Harriers
250	Ben	Robbins	Lime Green		Male	Open	
251	Brian	Cotton	Orange		Male	40+	Dragon Tri
252	Debs M	Jones	Orange	W1056917	Female	50+	Gog Triathlon
253	Jake	Howells	Orange		Male	Open	ROYAL NAVY TRIATHLON
254	James	Watkins	Orange	W10111837	Male	50+	GOG Triathlon Club
255	Joanne	Williams	Orange		Female	40+	
256	Joff	Wile	Orange		Male	40+	Tondu wheelers
257	Mark	James	Orange	W10113221	Male	50+	Porthcawl Triathlon Club
258	Mary-jayne	Granville	Orange	W10180101	Female	Open	Pen Y Bont
259	Paul	Bunyan	Orange		Male	40+	Tinworks tri
260	Rachel	Gabb	Orange	W1076234	Female	40+	Celtic Tri
261	Rachel	Ghroum	Orange	W10159816	Female	40+	Porthcawl Triathlon Club
262	Stuart	Thomas	Orange		Male	Open	
263	Wesley	Smith	Orange		Male	Open	
264	Alix	Popham	Orange		Male	40+	Dragon Tri
265	Daniel	Jones	Orange		Male	Open	Porthcawl Tri
266	David	Hunter	Orange	W1085396	Male	60+	
267	Huw	Macmillan	Orange		Male	40+	
268	jodie	bryant	Orange		Female	Open	
269	Kirstie	Edwards	Orange		Female	40+	Dragon Tri
270	Lee	Parpworth	Orange	W10166965	Male	40+	Porthcawl Triathlon Club
271	Maia	Kavanagh V	Orange		Female	Open	BAD (Bristol and District) Tri
272	Mark	Shephard	Orange		Male	40+	Rhondda Tri
273	Paul	Bagshaw	Orange		Male	40+	Merthyr Tri
274	Sara	Birkett	Orange		Female	40+	Porthcawl Tridents
275	Daniel	Hearse	Orange	W10191338	Male	Open	Pen y bont triathlon club
276	Luke	Marsh	Orange	W10186157	Male	Open	Porthcawl Triathlon Club
277	Neil	ridley	Orange	W10191341	Male	40+	Neil Ridley
278	Craig	Black	Orange		Male	Open	N/A
279	Craig	Davies	Orange		Male	Open	
280	Martin	James	Orange		Male	50+	